

## Career Exploration Action Plan<sup>1</sup>

### I. Interests and Experiences

A. What do you love about classics and the ancient world?

B. What campus organizations do you enjoy? What extra- and co-curricular experiences have you had?

C. What other activities/subjects are you passionate about?

D. What part-time or full-time jobs have you held and what skills have you used on the job?

E. Do any patterns emerge among all these experiences?

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<sup>1</sup> Adapted from "[Action Plan](#)." Berry Career Institute. Cornell College.  
"[Career Action Steps](#)." Connected Academics. Modern Language Association.

## II. “Know yourself.” Values, Skills, and Dispositions

A. Name three core values that get at the heart of who you are.

B. Re-read the previous section on transferable skills. Which skills do you have? Name an assignment or experience that shows that you have that skill.

C. Identify 3-5 positive learning dispositions in the chart below that describe you best.

<b>Positive Learning Dispositions</b>			
<b>Resilient</b>	<b>Resourceful</b>	<b>Reflective</b>	<b>Reciprocal</b>
Curious (proactive)	Questioning (“How come?”)	Clear-thinking (logical)	Collaborative (team member)
Adventurous (up for a challenge)	Open-minded (“That’s interesting”)	Thoughtful (“Where else could I use this?”)	Independent (can work alone)
Determined (persistent)	Playful (“Let’s try . . .”)	Self-knowing (aware of own habits)	Open to feedback (not defensive)
Flexible (willing to try other ways)	Imaginative (“Could be . . .”)	Methodical (strategic)	Attentive (to others)
Observant (good at details/patterns)	Integrating (making links)	Opportunistic (open to serendipity)	Empathetic (other people’s shoes)
Focused (avoids distractions)	Intuitive (reverie)	Self-evaluative (“How’s it going?”)	Imitative (contagious)

**III. Explore career options.**

A. Explore “What Can I Do With This Major?” or any other career exploration tool. Identify three careers that you would like to pursue.

- 1.
- 2.
- 3.

B. Now choose one career out of those three options. (Don't worry. You can always change your mind.) Why do you think this career would be a good fit for you?

C. List the skills needed for this career and compare them with the skills you already have. Which skills do you still need to work on cultivating?

Skills needed for this career	Skills you already have

D. Now consider the learning dispositions you identified from the chart in Section II. How does your personality align with the disposition needed to be successful in the career you've singled out?

#### **IV. Network.**

A. Who are people I can ask about this career? (friends, family, career services staff, alums)

#### **V. Action Plan**

A. I'm going to learn more about these two or three careers:

B. I plan to develop the following skills:

C. One concrete action I will take to develop one or more of these skills:

D. I'm going to expand my career profile: join a student organization, take on a leadership role, learn more about something (either in or out of the classroom), volunteer, find an internship, apply for a new job, do a research project.

E. I am going to reach out to this person about my career.